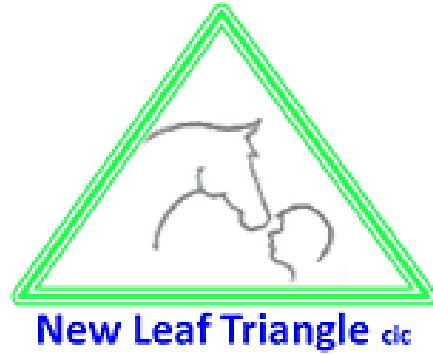
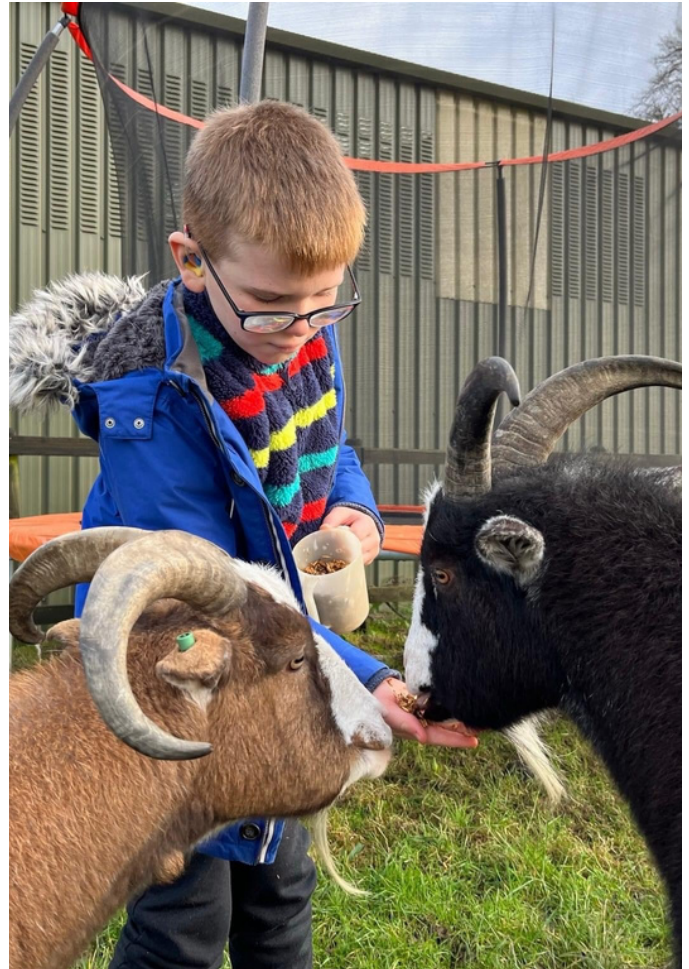


# New Leaf's News



## WHAT'S IN THIS ISSUE:

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WELCOME TO  
NEW LEAF TRIANGLE'S  
SPRING/SUMMER  
NEWSLETTER

## *Update from Lorraine & Troy*



## **Hello everyone!**

We have been very busy over the last few months providing for students needing alternative education. There have been some great outcomes for students, including a number transitioning to schools having been reintegrated into education through New Leaf. Others have found New Leaf a great stepping stone when changing schools or when needing an alternative curriculum for part of the school week.

Our Horse care, Animal care and Employability and Professional Development students, including some post 16 students, have been working hard on their qualifications and it has been fantastic to see students developing their riding skills to a very good level! For four weeks in April and May, we spent the time working on strategic planning and New Leaf continued to operate, run by our great team of coordinators, Kath, Laura, Emily and Bryony. It gave them a chance to step up and experience the responsibility and they took on the challenge and did a great job!

It has been great to see staff have been developing their Forest School skills, with Laura, Kelly, Lauren, Bryony and Heidi completing qualifications run by Carly of New Leaf and accredited through Open Awards, and Phoebe has been doing her Level 5 Teaching qualification, gaining some experience in local special schools.

We are looking forward to doing the Wolf run in June, along with other NLT staff, raising money to subsidise sessions for families. I hope you can support us! (see article).

## **Lorraine and Troy**

Beauty,  
Finley, Jack,  
Mary and Sox  
are back!



After a well earned winter break, Beauty, Finley, Jack, Mary and Sox are back! Every winter, the horses go on holiday and come back in the spring. Our horses work really hard for New Leaf, whether that is teaching students about horse care, how to ride or to help them gain a qualification. They definitely enjoyed being out with the retired members of the New Leaf team of horses. They are now looking forward to summer hacks, baths and spending time with the students in the sunshine.



Marengo has spent some time over the winter months living at site 2 to start his education. He lived with Sox who took him under his wing and became "uncle Sox."

Marengo has practiced leading to and from his paddock and stable and now knows how to lead quietly and on a relaxed lead rope. He has learnt to be tied up, be groomed, pick his feet up and how to be weighed using the weigh tape. He has also worn a few small rugs and a saddle pad.

He also practiced walking past cars, as he found these scary when he first moved to site 2. He has now learnt to walk past them when their engine is running and to not panic when they move towards him!

In around February, Marengo went to join the older horses at winter grazing, where he was reunited with his mum, Velvet. After some time, Marengo was accepted into the herd and now chooses to spend all his time with his mum.

## Marengo's Training



# Poultry Update



The poultry have recently come back out of another avian influenza lockdown. The students all did an amazing job of keeping them entertained whilst they were stuck inside. Bells, mirrors and food puzzles were put in their enclosures to keep their brains active. Students also made them new wooden perches in green woodworking which have been thoroughly enjoyed by all the chickens!

Jade has also worked really hard with the geese, Elizabeth and Victoria. With lots of patience and watermelon, the geese are now very friendly and will even eat out of the students hands!

All the poultry are loving being able to free range Site 1 again and will often join students in the main yard, especially around lunch time to help clear up any crumbs!

## New Staff Coats Sponsored by R&R



A big thank you to R & R Country, Melton Mowbray, who have given us great support by providing our staff team coats at a big discount and getting them embroidered for us. The team look super smart!



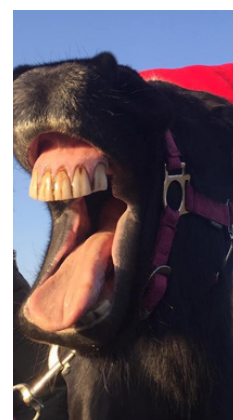
# Retirement of Star and Pickle



Our very special and loyal ponies, Star and Pickle, have officially been retired. Star has been part of the team at New Leaf Triangle since the very beginning in 2014. Pickle then joined her a year later. Over their 9 year career, they have helped hundreds of children and young people develop numerous skills including confidence, communication, independence and resilience. They have taken part in numerous activities including manege games, hacking, jousting, horseback archery and horse boy to name a few.

In October 2022, Pickle won a commendation from the BHS for his hard work and dedication to his job and to the students he worked with. Both Pickle and Star struggled with Cushing's Disease and laminitis for a few years before retirement. With lots of TLC from staff and students as well as the correct medication and management, the pair were more than happy to continue supporting their students. In more recent months, they took a step back from ridden work which made time for extra cuddles, grooming, health checks and in hand obstacle courses.

Star and Pickle have now joined our other retired horses at our other site. They have their very own track system to help manage their conditions. They are both enjoying their well earned retirement and spend all day eating, sleeping, grooming and having the odd run around!



# What Have Our Staff Been Up To?

## EQUINE FACILITATED LEARNING TRAINING DAY

B led a staff training morning where she taught the staff all about boundaries and safe spaces. Staff learnt how much space they needed to feel safe as well as how to recognise in the animals how much space they needed too. This training will help our students to recognise in themselves how much space they need to feel safe, what anchors they have in their lives that help them feel safe and how their body language may affect those around them.



## WOLF RUN TRAINING

A team of New Leaf staff will be committing to taking on the wolf run on 24th June to raise money for New Leaf Triangle's holiday sessions.

They have been training each week after work, taking it in turns to lead training sessions consisting of obstacles, off-road running and team building exercises ready for the big day!

More information to follow later on in the newsletter. If you would like to sponsor the team, please scan the QR code or visit the link below:



<https://www.gofundme.com/f/new-leaf-triangle-holiday-sessions>

## FOREST SCHOOL TRAINING

Some of our New Leaf staff have been working towards their Level 1 and Level 2 Forest School qualifications. Forest School is something that we offer at New Leaf. It enables supported risk-taking, child-centred learning, exploration and play. Forest School promotes self-esteem, creativity, confidence and independence. Our staff have had great fun on their training days, learning how to build shelters, start fires, tie knots and different methods of student-led learning and development.

# New Staff

# New Arrivals

## New Animals



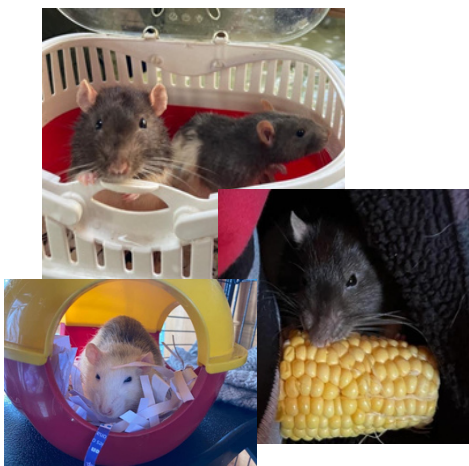
**Charlotte**  
Session Leader



**Mandy**  
Horse and Animal  
Care Worker

## Jasmine

Jasmine joined the team in February 2023. She is a 13.2hh 7 year old piebald cob. Since she arrived she has gone through an assessment to ensure she is suitable and to help her settle into New Leaf. She is fantastic to hack, not phased by anything, including walking straight past big lorries and a tractor! She loves playing the menage games and is happy to stand completely still while her young riders pick up rings, try the egg and spoon race and throw bean bags at tin cans. She loves to stand and be groomed and she is very friendly and sociable. Some of the older students on horse care courses have also been involved in helping further her education in the school. Being only 7, she has done very little work in a menage but already she has learned to walk, trot and canter on both reins, including trotting over poles and she is learning to move sideways away from the rider's legs. She has met all the other animals at New Leaf, including the pigs and goats and is inquisitive and intrigued by them. She is already a big member of the team and is loved by staff and students alike!



## Rat Boys

We have recently added 4 new furry members of the team. Meet Jack Jack, Gus, Remi and Sven. These 4 rat brothers joined the team in February and have made an excellent addition to the New Leaf team. The students really enjoy handling and bathing the rats, as well as making enrichment activities for them and teaching them tricks - they are super smart! They are very friendly and love a cuddle. They are always on the go and so make animal behaviour observations very interesting!



# What Have Our Students Been Up To?

## Student Showcase



New Leaf held a tea party in honour of the King's coronation. Staff brought in lots of cakes, biscuits and sandwiches. Students then prepared everything together, decorated cakes and biscuits, set the table and enjoyed a lovely lunch all together!

As part of the Farming scheme of work, students went on a trip to Brooksby College. They went on a nature walk and learned all about moles and badgers. Then they met the lambs and calves and learnt many facts about them. They then got to stroke them. Students finished the morning by rolling down a massive hill!



Lots more smiles from our students! So many certificates and trophies have been given out to recognise all of our student's hard work. Whether that's New Leaf Challenge Awards, BHS Pony Stars, NLT Vocational Awards or qualifications. Well done everyone!



Students have been working on their horsemanship skills. They have been learning about body language and how not only can we read a horse's body language, but they can read ours too! This helps students be more aware of their energy levels around others.



Dick Turpin visited New Leaf. Students had great fun learning all about him, designing wanted posters and working as a team to track him down and get him arrested!



# Young Farmers and NatWest Volunteering Day!

In March, a team of Young Farmers from Melton Young Farmers volunteered to spend a day planting trees that have been given to New Leaf by the Woodland Trust. They managed to get over 200 trees planted! The trees include oak, silver birch, field maple, wild cherry and rowan.

NatWest bank have volunteered one day each year for the last few years. They have also planted around 200 trees!

Thank you to everyone for your help!



# Feedback



We love hearing what our parents and carers have to say about our provision. It makes our job even more worthwhile. Here are a few of the top quotes we have received this term!



*"Thanks for all you have done for our student. When I see how he is about attending New Leaf it gives me wonderful hope about the future for him. Please pass on my personal thanks to the team too."*

*"Just to say a belated thanks for last week. She had a really lovely time and was full of tales of Mumbles, Beau, Maxey, Beauty and Jasmine.....THANK YOU!"*



*"Thank you so much for this. We are so pleased to hear how he has achieved his next award. Thank you for everything you do to support him."*

*"Thank you so much for this (report) and thank you so much for everything you did for her, she really benefitted from her time with you and New Leaf is an absolutely lovely, friendly and inclusive place."*



# New Leaf Triangle's Wolf Run

**PLEASE SPONSOR US  
TO HELP US FUND  
HOLIDAY SESSIONS!**

As session leaders, we get the privilege every day of being inspired by the efforts of our students.

We see our students overcome challenges that as adults we can develop the habit to shy away from.

Because learning and growing is difficult for all of us and we ask this of our students everyday.

So, in an effort to lead by example and in our own small way, we will be committing to taking on the wolf run on 24th June to raise money for New Leaf Triangle (holiday sessions).

At New Leaf Triangle, we are an alternative education provider whose mission is to use the natural environment and animals to help children, young people, and adults to learn and combat personal challenges through fun motivational activities.

**Family and Respite Sessions:**  
Fun activities involving the horses and other animals with a dedicated member of staff.

**Play Schemes and Camps:**  
A full range of specialist play schemes & camps with fun activities involving the horses and other animals.

**Therapeutic Riding and Animal Interaction:**  
Helping learners to gain an understanding of themselves and others.



Scan here to sponsor us!

<https://www.gofundme.com/f/new-leaf-triangle-holiday-sessions>

FOR MORE INFORMATION:

[www.newleaftrianglecic.co.uk](http://www.newleaftrianglecic.co.uk)  
07825 653170

[lorraine.squiresshaw@gmail.com](mailto:lorraine.squiresshaw@gmail.com)

# Book Now for Holiday Sessions!

## SUMMER 2023 SESSIONS

Book now for our summer holiday sessions!

We are running Playdates and Day Camps on the below dates, as well as standard Family Sessions and Respite Sessions.

These will get booked up quickly, so please contact Kath to secure your place!

More information on our website at:  
[www.newleaftriangle.co.uk/holiday-sessions](http://www.newleaftriangle.co.uk/holiday-sessions)  
Email Kath Carter to book:  
[kath.newleaftriangle@gmail.com](mailto:kath.newleaftriangle@gmail.com)



## AVAILABLE DATES:

Playdates: Sessions 10am-12pm - £30 per family

- Tuesday 25th July
- Monday 31st July
- Tuesday 8th August
- Monday 21st August

Day Camps: Sessions 1pm-5.30pm - £70 per family

- Friday 28th July
- Thursday 3rd August
- Friday 18th August

## TESTIMONIAL:

*I took part in a New Leaf Camp Day last summer with my daughters, one of whom has ASD. From the moment we arrived, I was overwhelmed by how welcome we were made to feel, how safe the space was and how much freedom the girls were given over their choice of activities. I chose the camp day primarily as a bonding activity for the girls and it was lovely to see my younger ASD girl introducing her older sister to the horses, showing her how to groom and giving her important safety tips such as avoiding walking behind them! This role reversal and her being in charge isn't something we see a lot so seeing that confidence drawn out of her in such a short space of time was amazing.*

*We also loved the range of activities - although one of my girls loves horses, the other is much more diverse. She enjoyed the opportunity to try shooting and proved to be a crack shot! They both enjoyed the mud kitchen, forest area and all the smaller animals to handle. Finn and Pickle also got thoroughly painted. The fact both girls could choose activities independently of each other meant no one got bored and everyone's needs were met at all points of the afternoon so no meltdowns. We've already booked our next camp day and are very much looking forward to visiting all the wonderful staff, volunteers and animals at New Leaf! -Leanne Martin*